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Greater Wakefield Resource Center CONGREGATE MEALS FOR THE 60+ POPULATION

MENU DECEMBER 2024

DINE IN
11:45 TO
12:00

If Possible
Please Call Before
10:00 AM
603 473-8324
To Reserve Your
Meal

Donations are needed to support this program

Sun	Mon	Tue	Wed	Thu	Fri	Sat
FUNCTION HALL AVAILABLE FOR RENT! HAVE YOUR EVENT HERE!	2 BINGO STARTS AT 12:45 Pot Roast w/gravy Boiled Red Potatoes, Carrots Roll Dessert	3	4 Baked Stuffed Sole Roasted Sweet Potatoes Green Beans Dinner Roll Dessert	5 BINGO STARTS AT 10:00 Chicken Parmesan Over Spaghetti Roll tossed Salad Dessert		
Milk and Fresh Fruit is offered with every meal to all our guests.	9 BINGO STARTS AT 12:45 Chicken Cordon Bleu casserole over brown rice Peas, roll Dessert	10	11 BBQ Pork Ribs Beans, Coleslaw, Cornbread Dessert	12 BINGO STARTS AT 10:00 Lasagna w/meat sauce Garlic Bread Tossed Salad Dessert	7	OCCASSIONALLY CHANGES HAVE TO BE MADE. THANK YOU FOR YOUR UNDERSTANDING
When Paul School is closed or delayed for inclement weather, we are also closed	16 BINGO STARTS AT 12:45 Grilled Meatloaf sandwich Tater Tots Tossed Salad, Dessert	17	18 Hot Dogs, Chili, 3 bean salad Dessert	19 BINGO STARTS AT 10:00 HOLIDAY DINNER Roast Pork, Potato Cranberry Stuffing Brussels Sprouts Dinner Roll Dessert	14	
	23 BINGO STARTS AT 12:45 Pulled Pork Sandwich Sweet Potato Fries Broccoli Slaw, Dessert	24	25 MERRY CHRISTMAS! 	26 CLOSED	21	REMEMBER Daily healthy eati includes 
	30 HOLIDAY WEEK CLOSED	31	HOLIDAY WEEK CLOSED		28	GRAINS: 6 servings PROTEIN: 6 ounces DAIRY: 2 to 3 cups VEGGIES: 2.5 cups FRUIT 2 cups Limit foods high in sugar & fat

P.O. Box 96 254 Main Street, Union NH 03887 **603-473-8324**

Hours of operation: Monday through Friday 9am to 2pm

[Our Website](http://Greaterwakefieldresourcecenter.net) Greaterwakefieldresourcecenter.net.