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## Greater Wakefield Resource Center

DINE IN 11:45 TO 12:00	<h1 style="margin: 0;">JULY 2024</h1> MENU					PICK UP MEAL FROM 12:00 TO 12:15		
<p>If Possible Please Call Before 10:00 AM 603 473-8324 To Reserve Your Meal</p>	<p><b>DONATIONS ARE NEEDED FOR THIS PROGRAM TO STAY ALIVE.</b>  <b>MEAL DONATIONS ARE SUGGESTIONS ONLY.      <span style="background-color: yellow;">SUGGESTION IS</span>      SENIORS GRAB GO.      ALL OTHERS</b></p>					<p><b>DINE IN \$7.00</b> <b>\$10.00</b> <b>\$11.00</b></p>		
Sun	Mon	Tue	Wed	Thu	Fri	Sat		
<p><b>FUNCTION HALL AVAILABLE – have your event here!!</b></p>	<p>1 <b>CLOSED</b></p> 	<p>2 <b>CLOSED</b></p>	<p>3 <b>CLOSED</b></p> 	<p>4 <b>CLOSED</b></p> 	<p>5 <b>CLOSED</b></p>	<p><b>PLEASE REMEMBER WE DO EVERYTHING TO PROVIDE THE MENU AS ADVERTISED. BUT OCCASIONALLY CHANGES HAVE TO BE MADE.</b></p> <p><b>THANK YOU FOR YOUR UNDERSTANDING</b></p>		
<p><b>Milk and Fresh Fruit is offered with every meal to all of our customers.</b></p>	<p>8 <b>BINGO STARTS AT 12:45</b> Grilled Cheese Sandwich Lettuce Cup with Tomato Macaroni Salad Dessert</p>	<p>9 10 Chicken Cordon Bleu Rice Pilaf Broccoli Dinner Roll Dessert</p>	<p>11 <b>BINGO STARTS AT 10:00</b> Baked Sole Stuffed with Crabmeat topped with Cream Sauce Sweet Potatoes, Green Beans Dessert</p>	<p>12 CHANGES HAVE TO BE MADE.</p> <p><b>THANK YOU FOR YOUR UNDERSTANDING</b></p>	<p>15 <b>BINGO STARTS AT 12:45</b> <b>DOUBLE DOG DAY</b> 2 Hot Dogs and Baked Beans Cole Slaw Grilled Rolls Dessert</p>	<p>16 17 <b>ROAST TURKEY DINNER</b> Roast Turkey Stuffing, Mashed Potatoes Gravy, Butternut Squash Dinner Roll Dessert</p>	<p>18 <b>BINGO STARTS AT 10:00</b> Lasagna with Meatsauce Tossed Spinach Salad Garlic Bread Dessert</p>	<p>19</p>
<p><b>As well as love and respect</b></p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>WHEN THE PAUL SCHOOL IN WAKEFIELD IS CLOSED OR DELAYED THE GREATER WAKEFIELD RESOURCE CENTER IS ALSO CLOSED</p> </div>	<p>22 <b>BINGO STARTS AT 12:45</b> Mac and Cheese with Ham Cornbread 4 Bean Salad Dessert</p>	<p>23 24 Meatloaf with Gravy Oven Roasted Potatoes Buttered Peas Roasted Carrots Dessert</p>	<p>25 <b>BINGO STARTS AT 10:00</b> Monte Cristo Sandwich Tater Tots Individual Salad Dessert</p>	<p>26 <b>REMEMBER</b> Daily healthy eating includes</p> 	<p>29 <b>BINGO STARTS AT 12:45</b> Meatball Sub Spinach and Apple Salad Chips Dessert</p>	<p>30 31 B B Q Ribs Macaroni Salad Corn on the Cob CornbreadDessert</p>	<p><b>GRAINS: 6 servings</b> <b>PROTEIN: 6 ounces</b> <b>DAIRY: 2 to 3 cups</b> <b>VEGGIES: 2.5 cups</b> <b>FRUIT 2 cups</b> Limit foods high in sugar &amp; fat</p>	

254 Main Street, Union NH 03887 603-473-8324

Hours of operation: Monday through Friday 9am to 1pm

[Our Website Greaterwakefieldresourcecenter.net.](http://Greaterwakefieldresourcecenter.net)