

DINE IN 11:45 TO 12:00	<h1>MAY 2024</h1> MENU						PICK UP MEAL FROM 12:00 TO 12:15
DONATIONS ARE NEEDED FOR THIS PROGRAM TO STAY ALIVE. MEAL DONATIONS ARE SUGGESTIONS ONLY. SUGGESTION IS						DINE IN \$7.00 \$10.00 \$11.00	
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
FUNCTION HALL AVAILABLE – have your event here!!			1 Baked Meatloaf Mashed Potatoes Gravy Peas and Carrots Dinner Roll Dessert	2 BINGO STARTS AT 10:00 Grilled BBQ Chicken Lettuce, Tomato Cole Slaw Roasted Sweet Potatoes Cornbread Dessert	3	PLEASE REMEMBER WE DO EVERYTHING TO PROVIDE THE MENU AS ADVERTISED. BUT OCCASIONALLY	
Milk and Fresh Fruit is offered with every meal to all of our customers.	6 BINGO STARTS AT 12:30 Roast Pork Dinner Baked Potato Gravy Brussels Sprouts Roll Dessert	7	8 Chicken Salad Wrap Tossed Spinach Salad Tater Tots Dessert	9 BINGO STARTS AT 10:00 Shepherd's Pie Individual Tossed Salad Dinner Roll Dessert	10	CHANGES HAVE TO BE MADE. THANK YOU FOR YOUR UNDERSTANDING	
As well as love and respect	13 BINGO STARTS AT 12:30 Baked Haddock Rice Pilaf Green Beans Dinner Roll Dessert	14	15 Chicken Saltimbocca With Pasta Vegetable Medley Dinner Roll Dessert	16 BINGO STARTS AT 10:00 Baked Ham Dinner With Sauce Au Gratin Potatoes Butternut Squash Dinner Roll Dessert	17		
WHEN THE PAUL SCHOOL IN WAKEFIELD IS CLOSED OR DELAYED	20 BINGO STARTS AT 12:30 Pork Stir Fry Over Fried Rice Oriental Salad Dessert	21	21 Mac and Cheese w Ham Baked Beans Broccoli Slaw Cornbread Dessert	23 BINGO STARTS AT 10:00 Chicken Pot Pie Mashed Red Potatoes Salad Roll Dessert	24	REMEMBER DAILY Daily healthy eating includes	
THE GREATER WAKEFIELD RESOURCE CENTER IS ALSO CLOSED	27  MEMORIAL DAY REMEMBER AND HONOR	28	29 Spaghetti with Meatballs and Sausage Individual Salad Garlic Bread Dessert	30 BINGO STARTS AT 10:00 French Dip Sandwich Chips Individual Salad Dessert		GRAINS: 6 servings PROTEIN: 6 ounces DAIRY: 2 to 3 cups VEGGIES: 2.5 cups FRUIT 2 cups Limit foods high in added sugar & fat	