

DINE IN 11:45 TO 12:00		<div>Menu June 2025</div> <div>254 main street, Union</div>					PICK UP MEAL FROM 12:00 TO 12:15
If Possible Please Call Before 10:00 AM 603 473-8324 To Reserve Your Meal		Greaterwakefieldresourcecenter.net Donations are needed to support this program					
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1.	2. Bingo 10 A.M. Stuffed Shells w/meat sauce Tossed salad Garlic bread, dessert	3.	4. Baked Sole w/cream sauce, Rice Pilaf Green Beans Roll, Dessert	5. Bingo 10 A.M. Pulled Pork, Potato salad Broccoli slaw, Corn bread Dessert	6.		
Milk and Fresh Fruit is offered with every meal to all our customers.	9. Bingo 10 A.M. Sausage, Pepper& Onion sub, salad, tater tots, Dessert	10.	11. Cream of tomato soup Grilled Cheese, Small salad, Dessert	12 Bingo 10 A.M. Roast Turkey Dinner Mashed Potato Butternut Squash Roll & Dessert	13	CHANGES HAVE TO BE MADE.  THANK YOU FOR YOUR UNDERSTANDING	
15	16 Bingo 10 A.M. Chicken Parm over pasta Garlic bread Salad, dessert	17	18. Mac and Cheese w/ham Baked beans Small salad Corn bread, dessert	19 Bingo 10 A.M. Baked stuffed chicken Rice pilaf, sauteed vegetable, Roll dessert	20	21	
22	23 Bingo 10 A.M. Grilled turkey sandwich Stuffing, cranberry mayo, tater tots 3 bean salad, dessert	24	25 Creamy garlic shrimp over pasta, salad, roll, dessert	26 Bingo 10 A.M. Inside out cookout Hamburger & hot dog w/ lett, tom, onion,pickles, pasta salad, dessert	27	REMEMBER  Daily healthy eating includes	
29 NO BINGO OR MEALS THIS WEEK-SEE YOU JULY 7TH	30				28	GRAINS: 6 servings PROTEIN: 6 ounces DAIRY: 2 to 3 cups VEGGIES: 2.5 cups FRUIT 2 cupsoods high in sugar & fat	